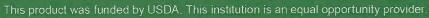
## August 2024 | WELLMAN UNION CAFE

Monday	Tuesday	Wednesday	Thursday	Friday	FRESH
	Bell Peppers Season in Texas: ay - June; August - Noven Did you know? I pepper is left to ripen, the s		1	2	Announcements:  White, Chocolate, and Strawberry Milk Served Daily
5	6	7	8	9	Fresh Fruit and Juice Served Daily  * Menu is Subject to Change
12	13	14 Biscuit Gravy Scrambled Eggs Bacon or Cereal Variety Toast	15 Pancake Wrap Yogurt or Breakfast Bread Yogurt	16 Cinnamon Roll Sausage or Muffin Yogurt	**
19 Pancakes Bacon or Cereal Variety Toast	20 Breakfast Combo or Breakfast Crackers Cheese Stick	21 Breakfast Pizza or Breakfast Parfait	22 Oatmeal Cinnamon Toast or Breakfast Strudel Cheese Stick	23 Donut Sausage or Muffin Yogurt	
26 Sausage Kolache Yogurt or Cereal Variety Toast	27 Cheese Omelet Toast or Breakfast Crackers Cheese Stick	28 Sunrise Sandwich or Muffin Yogurt	29 Biscuit –n- Sausage or Breakfast Strudel Cheese Stick	30 Dutch Waffle Sausage or Breakfast Round Yogurt	











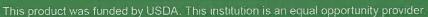


National School Lunch Program

## August 2024 | WELLMAN UNION CAFE

Monday	Tuesday	Wednesday	Thursday	Friday			
	Bell Peppers Season in Texas: y - June; August - Novem Did you know? pepper is left to ripen, the s		1.	2	Announcements:  White Milk Served Daily (Pre-K)  White, Chocolate, and		
5	6	7	8	9	Strawberry Milk Served Daily (K-12)  Fresh Fruit and Juice Served Daily (HS)		
12	13	Sandwich Chips (HS) Fresh Veggie Cup Garden Salad Fruity Gelatin	15 Asian Bowl Egg Roll Broccoli Corn Mandarin Oranges	Carrots Savory Green Beans Grapes Cookies (K-12) Animal Crackers-PreK	* Menu is Subject to Change		
19 Country Fried Steak Gravy / Roll Mashed Potatoes Okra Strawberries	20 Chicken Fajitas Spanish Rice (HS) Pinto Beans Carrots / Salsa Hot Cinnamon Apples Frozen Yogurt Cup	21 French Bread Pizza Garden Salad Savory Green Beans Peaches	22 Popcorn Chicken Crunchy Broccoli Sala Corn / Roll Fresh Apple Slices Brownie K-12 Teddy Grahams Pre-K	23 Hot Dog Oven Fries Tomato Cup Snowball Salad			
26 Meat & Cheese Chalupas / Salsa Spanish Rice (HS) Refried Beans Corn / Pudding Orange Smiles	27 Pulled Pork Sliders Fresh Veggie Cup Oven Fries Strawberries and Bananas	28 Chicken Nuggets Mac and Cheese Carrots Squash Grapes	29 Cheeseburger Chips Tomato Cup Garden Salad Pears	30 Philly Cheesesteak Sandwich Corn / Cucumbers Rosy Applesauce Cookies K-12 Animal Crackers-PreK			











Food and Nutrition Division www.SquareMeals.org

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